

ELEMIS Treatment Philosophy

"ELEMIS therapists make it personal. They look. They listen. They tune in to you, performing transformative treatments, personalised to respond to the ever-evolving rhythm of your life and the ever-changing nature of your skin.

A healing hub where touch and technology are turbo charged by the power of minerals, plants and active natural aromatics.

All the treatments are designed to support great skin health; to respect that skin is alive. No two skins are the same. And no two bodies are the same. Every spa therapy is shaped and moulded around you. Personalised for a results-driven, personalised experience.

ELEMIS pushes the boundaries. We push to develop unique textures, ground-breaking formulations and conduct clinical trials to confirm what we already know; that we are delivering real results.

"There are no short cuts and there are no gimmicks"

Noella Gabriel, Creator of ELEMIS Therapies and Co-Founder

FACE: SKIN SOLUTIONS

These targeted treatments will gently but firmly take on the challenges of sensitivity, of illness and dullness for healthier complexions.

MEN'S TREATMENT MENU

Men's skin behaves differently to women's. Shaving, sports and lifestyle all make their own demands. ELEMIS responds with high performance facial therapies designed to restore energy, dynamism and lustre to male skin.

BODY

Cleansing mineral salts, oil blends rich in actives and transportative aromatics are combined with an unparalleled level of expertise in massage and conditioning. For healthy, revitalised skin and deeply eased muscles.

PREGNANCY

These thoroughly researched and carefully formulated treatments have been designed to nurture and support a woman through the rich experience of each trimester. Gently.

WAXING

Using Australian bodycare- a smooth, non-sticky crème wax for gentle and effective waxing. Contains the antibacterial and antiseptic benefits of Tea Tree oil that soothes and helps aid healing to leave the skin feeling soft, pain free and with minimal redness. Non strip wax is used on all delicate areas of the skin for ultimate pain free waxing at no extra cost.

- Full Leg - £35
- Half Leg - £25
- Full Leg & Bikini - £45
- Bikini - £18
- Extended Bikini - £25
- Brazilian/Hollywood - £35
- Underarm - £18
- Lip / Chin - £10
- Eyebrow shape - £12



BROWS & LASHES

Our fabulous range of eyebrow and lash treatments will leave you looking and feeling amazing. Statement Brow by Mii will give you ultimate, scientifically perfect brows for you as an individual. Lash FX lashes are simply to die for!



- Statement Brows - £35
- Lash Tint - £15
- Brow Tint - £15
- Lash & Brow Tint - £25
- Full set of Lash FX lash on lash extensions - £70
- Lash FX Infill - £40
- One Night Lashes - £12

FACE: ANTI-AGEING

The hands of a highly trained ELEMIS therapist are profoundly effective anti-ageing tools. Using a combination of massage techniques from around the world, this is where intuition meets expertise with clinically proven results.

ELEMIS Sensitive Skin Soother - £65

1 hour

Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

ELEMIS Anti-Blemish Mattify and Calm - £65

1 hour

A revelation for oily, congested or hormonal skin. This mattifying facial helps combat oil and shine, while intuitive massage helps restore micro-circulation. A deeply detoxifying treatment for clear, bright skin.

ELEMIS High Performance Skin Energiser - £60

1 hour

The hard working facial for aging, dehydrated skin and tired eyes. It maximises cell regeneration, as steam and extraction decongests. Multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massage deeply relax.

ELEMIS Mens Freestyle Deep Tissue Massage

- 30 minutes £35
- 45 minutes £42
- 1 hour £52
- 1 hour 30 minutes £65

ELEMIS Freestyle Deep Tissue Massage

- 30 minutes £35
- 45 minutes £42
- 1 hour £52
- 1 hour 30 minutes £65

Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation.

SCRUBS

ELEMIS Intensely Cleansing Salt Scrub (Lime and Ginger or Frangipani) - £40

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

ELEMIS Peaceful Pregnancy Massage - £65

1 hour 15 minutes

Performed on a pear-shaped beanbag that moulds to every bump, mothers-to-be are restored to optimum wellness. An intuitive and relaxing massage hydrates skin that is expanding to accommodate a growing baby.

ELEMIS Peaceful Pregnancy Face and Body Experience - £100

2 hour 15 minutes

Settle into the unique pear-shaped beanbag for this treatment combination that gently addresses any visible effects of hormonal changes on the skin and supports it as it accommodates your baby.



HANDS & FEET

Using the luxurious Jessica natural nail care which remains at the foremost centre of natural nailcare with its unique manicure and pedicure techniques. Jessica Geleration is a revolutionary gel polish that lasts up to 3 weeks with unbelievable shine.

- Manicure - £25
- Deluxe Manicure - £35
- Geleration - £25
- Geleration & Manicure - £40
- Pedicure - £35
- Deluxe Pedicure - £45
- Geleration & Pedicure - £55
- Geleration Soak Off - £10 or £5 with reapplication



TANNING

The glorious Sienna X Spray tanning with Anti aging Q10, Vitamin E, Aloe Vera, Green Tea, Pomegranate seed oil and Avocado extract to leave your skin not only beautifully tanned but soft, moisturised and silky too!

- Full Body - £27
- Half Body - £18

Makeup

Makeup is often simply about having the confidence to be yourself. Mii is a mineral cosmetics range that allows just that. It makes you feel beautiful whoever you are. Giving you the confidence to create a look that is uniquely, completely, unmistakably you. When you look in the mirror, you can say... That's Mii.

Prices from £45

Bridal makeup by quotation